

## **Bipolar Disorder (Update) Guideline Development Group Meeting**

**Date and Time:** 11 September 2013, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
4<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**  
Richard Morriss (Chair) (RM)  
Tim Kendall (Facilitator) (TK)  
Richard Byng (RB)  
Andrea Cipriani (AC)  
Anthony James (AJ)  
Carnice John (CJ)  
Steven Jones (SJ)  
Carol Paton (CP)  
Matthias Schwannauer (MS)  
Donna Swinden (DS)  
Robert Westhead (RW)

**Experts**  
None

**In attendance:**  
NCCMH Staff: Evan Mayo-Wilson (EMW)  
Ifigeneia Mavranezouli (IM)  
Katherine Leggett (KL)  
Elena Marcus (EM)

NICE staff Clifford Middleton (CM)

Observers: Toshi Baba (TB)  
Shu-Sen Chang (SC)

**Notes**

1. RM welcomed the group. Apologies were received from Richard Byng, Tim McDougall, Thomas Meyer, Faye Wilson, Kate Hughes, and Korin Garcia-Niño.
2. Some GDG members declared their additional interests.
3. The minutes were agreed as a true and accurate record of the previous meeting
4. EMW presented the clinical data for case identification tools.
5. EMW presented the results from the network meta analysis (NWMA) for the medication for acute depression in people with Bipolar Disorder.
6. IM presented the health economic evidence for the medication for acute depression in people with Bipolar Disorder.
7. The GDG discussed draft recommendations for the treatment of acute depression in people with Bipolar Disorder.
8. The GDG discussed communication technologies.
9. The GDG discussed the diagnosis of Bipolar Disorder in children and young people.
10. Next meeting: 10.30am-4pm, 22 October 2013.