

## **Bipolar Disorder (Update) Guideline Development Group Meeting**

**Date and Time:** 12 December 2012, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
17 Belgrave Square,  
London  
SW1X 8PG

**Present:** **GDG members**  
Richard Morriss (Chair) (RM)  
Tim Kendall (Facilitator) (TK)  
Richard Byng (RB)  
Andrea Cipriani (AC)  
Kate Hughes (KH)  
Anthony James (AJ)  
Carnice John (CJ)  
Steven Jones (SJ)  
Tim McDougall (TM)  
Thomas Meyer (TM)  
Carol Paton (CP)  
Donna Swinden (DS)  
Robert Westhead (RW)  
Faye Wilson (FW)

**Experts**  
John Geddes (JG)

**In attendance:**  
NCCMH Staff: Evan Mayo-Wilson (EMW)  
Ruth Braidwood (RB)  
Ifigeneia Mavranezouli (IM)  
Katherine Leggett (KL)  
Sarah Stockton (SS)

NICE staff: Caroline Keir (CK)  
Emma Chambers (EC)

**Observers:** None

**Notes**

1. RM welcomed the group. Apologies were received from Matthias Schwannauer and Korin Garcia-Niño.
2. Some GDG members declared their additional interests.
3. The minutes were agreed as a true and accurate record of the previous meeting
4. TK presented the Service User Experience NICE guideline.
5. EMW presented an introduction to meta-analysis.
6. A network meta-analysis regarding medication for acute mania was discussed. Authors of this paper JC and AC left the room for this discussion. RB presented some additional studies re medication for acute mania in people with Bipolar Disorder.
7. IM presented the health economics data for medication for acute mania in people with Bipolar Disorder.
8. The GDG discussed potential recommendations for the medication of acute mania in people with Bipolar Disorder.
9. There was a brief discussion of the writing plan.
10. The group reviewed the review protocols.
11. Next meeting: 10.30am-4pm, 8 February 2013.